Outstanding live-in care for early stage dementia

0808 2524 267
thegoodcaregroup.com
I’ve been told I have dementia and don’t know where to turn

Receiving a diagnosis of early stage dementia can be a distressing moment, whether it comes as a shock or confirms what you may have suspected for some time.

It naturally prompts fears about the future, particularly if you believe it means leaving home and going into care.

Support may be offered from all sides and, at a time when you might be struggling to retain new information, it can feel overwhelming.

Importantly though, giving a name to your condition doesn’t change who you are as a person or how you choose to live your life. In fact, many people come to see diagnosis as a positive step, the first towards improving their quality of life and minimising the impact of dementia.

Take a positive step
Dementia is an umbrella term for over a hundred types of progressive disease that affect the brain. Everyone that lives with it experiences it differently.

Depending on the type of dementia you have, you may have difficulty remembering names and recent events, finding the right word or concentrating on the television.

If you feel embarrassed by these problems, it’s tempting to withdraw from situations where they may be noticed and cause further distress.

Yet there is another way to look at your diagnosis. That it puts you in control of your future. And with the right support, helps you do more of the things you love and stay connected to your community.

What does my diagnosis mean and what can I do now?
Some simple steps to begin with could help you remain independent - writing to-do lists, settling on one place to keep your wallet and keys or having a pad by the phone to note who called and when.

You can also make good lifestyle choices, eating well and exercising regularly. Keeping your brain active through puzzles, reading and socialising, also improves wellbeing.

Importantly, learning early on that you’re living with dementia gives you the opportunity to plan ahead.

85% of us would rather stay at home for as long as possible, than face institutional care.

If home is where you want to be, The Good Care Group can help. Our specialist, one-to-one support works around your routine and the way you want to live, helping you rediscover your confidence and live a happy, healthy life, hopefully for many years to come.
“We are thrilled with Marie – she is wonderful. She is calm, caring and unphased by our father’s condition.”

Mr K Redwood
What is specialist live-in care for early stage dementia and how can it help?

Staying in familiar surroundings, without upheaval or disruption, helps people with dementia function at a higher level and remain independent.

Live-in support involves a carer moving in to a spare room at home to provide round-the-clock support and companionship. They’ll slip seamlessly into your existing routines and help with cooking, cleaning, shopping and trips out.

Trained in dementia, they will blend their knowledge of you and your condition to provide uniquely tailored support. They’ll know how to keep you calm but stimulate your mind with activities and memories.

They’ll support you to do the things you enjoy most, help you spend more time with loved ones and adapt to your needs as they change.
I have early stage dementia. Do I really need a live-in carer?

If you currently manage well at home, it could be that live-in support doesn’t suit your needs today but might in the future.

It’s worth considering that the earlier you form a bond with a dedicated and professional carer, the deeper their knowledge of you and your life will be, and the greater the impact they will make on your health and wellbeing in the longer term.
The Good Care Group are specialists in dementia care and the only live-in provider rated ‘Outstanding’ across the board by the Care Quality Commission.

With the support of our Consultant Admiral Nurse and Occupational Therapist, we offer both nurse and OT-led services. Experts in the condition, they will understand the challenges you face and offer practical and emotional support to you and your family.

They’ll also assist in planning your care for the future, so it remains flexible and shaped entirely by your needs.
As pioneers in dementia care, we use the latest technology to monitor your health proactively, reducing unnecessary hospital admissions and addressing any medical issues before they become acute.

For many, our care is life changing. You’re far less likely to have a fall, pick up a urinary tract infection or be prescribed antipsychotic drugs than a care home resident.

In April 2019, The Good Care Group became the only dedicated live-in care provider to achieve the ‘Outstanding’ rating in all five categories of the CQC inspection.

We’ll keep you safer, healthier and happier at home.
Call 0808 2524 267 or visit us online at thegoodcaregroup.com
Place your care in the best possible hands.

Call one of our friendly, helpful advisors on

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